

THE Tuzla Times

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''TheWingsofTaskForceEagle''



Image by Senior Airman Phillip Ulmer

Airman Jamie Alldredge, a 4100th Security Police, slings another sandbag to the top of the heap at Tent City II for Force Protection with Senior Airman Jason Terrill, 4100th Explosive Ordnance Disposal.

"About 70 percent of our people will be rotating in and out within the next 10 days."

Master Sgt. Ed Herring PERSCO Team Chief

Task Force Eagle Scoreboard



Scheduled:3,541Total Flown:2,952PAX:22,988Cargo (Short Tons):23,710Vehicles:1,284Patients Medevaced589

Ramstein Bound

Tuzla SPs call it a tour and head for home

by Senior Airman Phillip Ulmer Tuzla Times

After four months of being separated from family, friends and home, 28 cops from Ramstein Air Base are leaving sunny Tuzla and heading home.

"As fun and interesting as this has been, I'm glad to be going home," said Capt. Douglas Brick, 4100th Group (P) Security Police Chief.

While deployed, the security police performed two major missions. First, they secured the airfield itself, safeguarding aircraft and Air Force assets on the ramp. Second, they escorted all Air Force Convoys going off base.

"Basically, we provided security for all of the Air Force people who work out here," said MSgt. K.C. Rauwald, NCOIC 4100th SP. "If we can't provide a secure environment, planes won't go in and out."

Guarding the airfield brought the security police into close contact with the Army troops guarding the base perimeter, which is only a few hundred feet from the runway in some places.

"They (the Army) have one unit that only guards the base gate, another that only escorts the general, etc.," said Brick. "With the Air Force you have 28 security police to choose from for any mission. Everybody does convoy, everybody does aircraft security and everyone mans the entry control point."

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Image by Senior Airman Phillip Ulme

NATO Medals

Col. Paul Cooper, 4100th Group (P) commander, pins the NATO medal on Senior Airman Ryan Humphrey, 4100th Fire Department during a ceremony last week. Twenty-three additional airmen who are leaving Tuzla received the medal during the ceremony.

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"I've really enjoyed everything I was able to do here," said Airman Jamie Alldredge, a 4100th SP who was pulling guard duty at the entry control point on her last night here. "I not only learned a lot about the local culture, but also about the sad outcome of war through the stories of some of the locals here."

Though most of their waking hours have been spent at the airfield, the most exciting part of their job has been escorting convoys leaving the base.

Convoys go out for a variety of reasons —to contract items on the local economy, to pick up supplies from outlying Army camps, or to perform maintenance on off-base equipment — but all convoys are organized,

commanded and escorted by the security police.

"The reason I call it our big money maker is that once the supply chief called us the backbone of the supply system," said Brick. "Nothing comes in (to the Air Force) unless we go out and get it."

The security police also provide basic convoy training to other Air Force people going on the convoys, teaching them basic protection measures like how to dismount the vehicle while under fire.

"The convoys were great, said Senior Airman Christian Camacho, 4100th SP. "I found that we are well respected off base. They (local nationals) didn't call us soldiers, they called us Americans. I thought it was neat."

The security police have had some unique opportunities while deployed to Tuzla, like the chance to provide protection for Russian aircraft and mingle with VIPs.

"I've guarded Russian, NATO and even VIP aircraft," said Alldredge, "I even had the opportunity to have dinner with the American Ambassador to Austria, Swanee Hunt, while she was here."

Even with all their duties and missions, however, their days were often filled with many long, hot hours of guard duty.

"Trying to beat the boredom, without getting complacent was our biggest challenge," said Brick. "But this is a very professional group. We all finished our tour safely and maintained a sense of humor throughout. We're going home."



by Staff Sgt. Dale A. Martin Safety Correspondent

In case you haven't noticed the searing heat and humidity lately, it's hot out there. And, when it gets hot, we have the possibility for heat related injuries.

Well, we had a heat related injury just last week. Someone got just a wee bit dehydrated and had to go to the Battalion Aid Station. Once again it was just the simple thing of an individual not drinking enough or drinking the wrong things.

We all have to watch out for each other here and be sure that we're all drinking plenty of water. A good rule of thumb is to drink one or two quarts of water an hour at temp above 85 F. For us this works out to be at least one bottle of water an hour. We all need to go home from here, (as much fun as it has been) and we need to go in the same condition we came here.

See Page 4 for heat injuriy indicators and what to do in the event of heat related injuries.



Re-upin'

Staff Sgt. Baxter Rhodes, 4100th Operations Squadron Communications Flight digital switch technician, from Ramstein's 1st Combat Communications Squadron, reenlisted for six more years during the 4100th Group picnic Sunday. The picnic also included promotions, NCO and Senior NCO inductions, several letters of appreciation and Top IV giveaways of Operation Joint Endeavor bags and mugs. The picnic was sponsored by the Tuzla Top 4 and First 5.



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Editorial Staff

Col. Paul R. Cooper 4100th Group (P) Commander Senior Airman Phillip Ulmer Public Affairs Chief Senior Airman Tom Haerr Admin Dude

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Senior Airman Chris Presnell

4100th Group Transportation

Hometown: Caldwell, Ohio

Age: 23

Specialty: Special Purpose Vehicle and Equipment Journeyman

Home Unit: 48th Transportation

Home Unit: 48th Transportation, RAF Lakenheath, U.K.

Time in service: 6 years Time at Tuzla: 90 days

Deployed mission: I maintain and repair each and every vehicle assigned to the 4100th Group.

Where do you see yourself in 10 years? In the next ten years I hopefully see myself at a technical sergeant, maybe even a master sergeant with at least an associates degree.

What do you like most about Tuzla? I like learning about the different types of vehicles, many of which, I don't normally work on. And of course, the extra pay.
What do you like the least? The

chicken at the chow hall. It seems like we eat it five days a week.



Image by Senior Airman Phillip Ulmer

Col. Paul Cooper, 4100th Group (P) commander, and 1st Sergeant Terry Speer, tack staff stripes on RADAR approach controller, Senior Airman John Kirby, from the 5th Bomb Wing, Minot Air Force Base, N.D., Tuesday. Kirby is one of six airmen at Tuzla who received line numbers for promotion to staff sergeant.

Making the grade

Six Tuzla airmen earn promotion to staff

ix senior airmen at Tuzla Air Base received line numbers for promotion to staff sergeant. Out of the 64 eligible senior airman at Tuzla, that's about an 11 percent selection rate.



The Air Force selected 9,541 of 57,523 eligible senior airmen for the promotion. This represents an overall 16.59 percent selection rate for the 96E5 cycle.

owever, it also marks the fifth consecutive staff sergeant promotion cycle above the Total Objective Plan for Career Airmen Personnel, or TOPCAP, goal, which is 16 percent for promotion to staff sergeant.

The average selectee score for this cycle was 296.31 points based on the following:

- 128.09, Performance Reports;
- —58.96, Promotion Fitness Examination;
- 64.96, Specialty Knowledge Test;

—31.52, Time in Grade:

—16.19, Time in Service;

— 2.39, Points for Decorations;

The average selectee has 4.2 years time in grade and 6.96 years in service. Promotion to staff sergeant is

based on the combined value of TIG, TIS, Performance reports,

decorations, PFE and SKT.

A complete list of the new staff sergeants is posted on the AFPC World Wide Web Home Page at http://www.afpc.af.mil/.

CONGRATULATIONS!

The following senior airmen received line numbers for promotion to staff sergent:

JuanGalvez Clifton Hadlock Charles Hoffman John Kirby Robert Phillips Phillip Ulmer THE Tuzla Times

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News Briefs

T-shirts are in

Yes, the "Club Tuzla" T-shirts, Tank tops and sweatshirts are finally in, but they are going FAST!!! Come by the PERSCO office and get one. If you already ordered one it's ready for pick up.

Line numbers

The following are the line numbers for August.

ENLISTED

CMSgt	389 - 451
SMSgt	499 - 631
MSgt	001 - 389
TSgt	001 - 695
SSgt	All Remaining
OFFICERS	
Col	0551 - 0584
Lt Col	1443 - 1547

Wanted

Major

New education officer for the greater Tuzla school district. Registration is starting soon and the current education officer, Capt. Barb Turner, will be rotating out soon. She recommends getting and turning in tuition assistance forms as early as possible. Forms are available at the administration desk at the Tower. Call Turner at ext. 131 or 206 for more information.

1887 - 2200

Good on ya!

Thanks and Kudos go to the following people and organizations that help make the 2nd Rotation appreciation Day possible!

Eagle's Claw Top IV Association "The money people"

First Five Unit Advisory Council "Mo' Money" Thanks for all the hard work" MSgt Ed Herring (food and stuff) "What can I say? Somehow you always come through!"

MSgt Tom Swepson (set up and clean up) "You saved the day Tom, thanks" MSgt Bob Kienitz (head cook) "Great Dogs Bob!"

TSgt Bill Mars (special assistant to head cook) "Burger Man"

SA Ken Falk (secret agent cook) "You

really didn't see him there!"

TSgt Jeff Staudinger (arrangements) "Thanks for taking it on, Jeff!"

Capt "Gabby" Thompson (tournaments) "Stay out of the lane Gabbie, we need you to organize the next tournament!"

Fire "Hall" and Tower (pre-picnic cleanup and bench builders) "You've always been there for me!"

Thanks to all who just pitched in when asked. "You know who you are!" Sheriff out.

New comers briefing

The newcomers briefing will be in the Fest Tent on Charlie Ramp at 9 a.m. Saturday. This is a mandatory formation for everyone who arrived after July 17.

Commander's Call

Commander's Call will be at 2:30 p.m. Thursday in the Fest Tent. Please have any CC topic or inputs turned in to the First Sergeant or public affairs by Tuesday. This is another one of those mandatory type formations.

Force protection

Everyone must have their LBE and weapon with them when they are working out at the 21 Club! Those who are running there and back without these items need to stop. As a reminder, the following places

are OFF LIMITS when in PT Gear: The PX, the dining facility (to include the pizza place), and Laundry pick up and drop off. The purpose of PT gear is for PT. The only exception to this is within your living areas. Sheriff out.

Serbo-Croatian phrase of the week

Dovidjevia, Nadam se opet vidit. Translation: Good bye, I hope to see you again!

Fadil Keranovic

MWR events

Tonight there will be a "Las Vegas Night" complete with Blackjack, poker and roulette. Volunteers are needed to help setup and for running the tables.

Coins are in

The new 4100th Group (P) coins are now in. \$7 or DM 10 at PERSCO.



Happy Birthday to everyone assigned to the 4100th Group who celebrates a birthday this week!

Tech. Sgt. Lennax Knowles celebrates Sunday and Airman Justin Majors follows Monday.

Symptoms of heat injury

Heat cramps: Muscle cramps, (usually in the abdomen region, but can also be in the extremities) and excessive sweating.

Heat exhaustion: Headaches, dizziness, shortness of breath, paleness, profuse sweating, cool skin, nausea and vomiting. If there is any doubt as to the severity of the symptoms, treat as you would for heat stroke.

Heat stroke: The patient's skin can be red, hot, wet or dry, high body temperature, mental confusion, bizarre activity, extreme weakness, loss of consciousness and convulsions.

First aid

Heat cramps: Move the patient to a cool shaded area, loosen their clothing and give them water to drink. If symptoms persist, seek medical attention.

Heat exhaustion: (IF IN DOUBT, TREAT AS HEAT STROKE) Move the patient to a cool shaded area. Open their clothing and cool the body with water and fanning. Give up to one quart or liter of cool water, sipped slowly. Remove boots and elevate their legs.

Heat stroke: Move the patient to a cool shaded area. Open or remove their clothing and cool the body by immersing or soaking with water and fanning. If the patient is conscious, administer up to one quart or liter of water, slowly sipped. Remove boots, elevate legs, massage arms and legs.